• Want to take your practice to a next level?
• Want more patients & referral's?
• Want to BOOST your Revenue?
• Want faster & better results with less efforts?
• Want more free time for your Family?
Note: Consult your physician or a qualified health care provider for advice regarding any health condition. The information available in this booklet or any related documents or on our website is for educational purposes, and is to be used only as an aid in understanding current knowledge about the alternate therapies.
Amwaves Wellness offers you a latest tool as a solution!!

Introducing

P.E.M.F.
[Pulsed Electromagnetic Fields]
Combination Therapy

DRUG FREE
SURGERY FREE
PAIN FREE

A Combination of 3 highly effective energy potentials for optimizing the body on cellular level.

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P.E.M.F.
(The Pulsed Electromagnetic Fields)

We can think of PEMF as a battery recharger for the human cells. We know that the voltage of a healthy cell is about 70-110 millivolts. When we get sick that voltage drops below 50 millivolts or less & cancer cells are 30 millivolts or less. Pulsed electromagnetic fields (PEMF) act like a catalyst cum battery recharger for the human cells and these PEMF's are critical for human metabolism.

PEMF are like a spark plug or catalyst for ATP energy production in the cell. Just like a car needs oxygen, fuel and an ignition (spark plug), so does the human cell need fuel (glucose), oxygen and a "spark plug" for ignition.

PEMF waves have the capacity of reaching into the body and healing an imbalance without touching anything. These "waves" are the future medicine. It means that you will see magnetic fields as a form of energy medicine, being used more and more in the future to heal problems that medicines can't or haven't been able to do.
High Voltage Micro Current
- A Biocell Charger

Human body is like a Bio battery made up of 70-100 trillion cells. For a healthy cell, its cell membrane potential (CMP) should be between 70 mV to 90 mV. Once it falls below 70 mV, nutrient, oxygen, and H₂O cannot get in & waste / toxins and carbon dioxide cannot get out. This makes the cell unhealthy & a cause for disease.

The cell membrane potential in the human body decreases with age & sedentary lifestyle. A child’s CMP is 70-90 mV, for an adult it is 50-60 mV and for Old age person it is 40-50 mV.

Similarly when a person gets sick, the voltage of their cell membrane drops drastically and usually about 40 mV or even less. And serious conditions such as cancer can cause the voltage of cell membrane to drop even more to 30 mV or less. So it’s necessary to recharge those sick or unhealthy cells, back to a healthier 70 to 90 mV.

<table>
<thead>
<tr>
<th>Healthy</th>
<th>Diminished</th>
<th>Chronic Illness</th>
<th>Cancerous</th>
</tr>
</thead>
<tbody>
<tr>
<td>70-100 mV</td>
<td>60 mV</td>
<td>40 mV</td>
<td>30 mV</td>
</tr>
</tbody>
</table>
F.I.R. Thermotherapy

F.I.R. Thermotherapy has been used since ages as a remedy for muscle stiffness, aches and pains, effective for chronic muscle or joint pain.

Far infrared thermal potentials effect helps open the pores of your skin, allowing the accumulated wastes to be drawn out, under osmotic pressure from the blood and lymphatic systems thus promoting the elimination of toxins.

F.I.R. heat is absorbed by the human body, reaching as far as 4-7 cm into the tissues of the body creating resonance with water molecules. It ionizes and activates water molecules in our cells and blood.

- Increases the extensibility of collagen tissues.
- decreases joint stiffness.
- Relieves muscle spasms.
- Leads to pain relief.
- Increases blood flow by Vasodilatation.

![Image of Vasodilation]
Ideal For

Neck
- Acute Injury
- Torticollis
- Chronic Pain
- Disc Degeneration
- Cervical Radiculopathy
- Neck Pain & Stiffness

Head
- Bell's Palsy
- Trigeminal Neuralgia
- Depression
- Insomnia
- Headache / Migraine
- Stroke

Arm
- Acute Injury
- Bicipital Tendinitis
- Epicondylitis
- Arm Pain
- Arm Numbness (Paresthesias)
- Fracture Healing

Shoulder
- Rotator Cuff Strains & Tears
- Shoulder Acne / Pain
- Adhesive Capsulitis
  (Frozen Shoulder)
- Cervical Spondylosis
- Tendonitis (Degeneration)

Low Back
- Disc Degeneration
- Sprain / Strain
- Sciatic Pain
- Lower Back Pain
- Herniated Disc
- Scoliosis Pain
- Spinal Stenosis Pain

Wrist and Hand
- Acute Injury
- Carpal Tunnel Syndrome
- Arthritic Joints
- Wrist / Arm Acne / Pain
- Osteoarthritis

Hip and Abdomen
- Iliopsoas Tendinitis / Hip Pain
- Muscle Pain
- Joint Pain
- Sciatica
- Osteoporosis
- Fibromyalgia
- Piriformis Syndrome
- Sacroiliac Joint Pain
- Trochanteric Bursitis

Knee
- Sports Injuries
- Baker's Cyst
- Meniscus Injuries
- Ligament Injuries
- ACL / PCL Injuries
- Arthritis
- Post-Knee Replacement

Ankle and Foot
- Sprains and Sports Injuries
- Plantar Fasciitis
- Heel Pain
- Foot Numbness
- Peripheral Neuropathy
- Achilles Tendonitis

- Acidity
- Hypertension
- Digestive System
- Diabetes
- Low Energy & Many More...

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Overall Process

- Energy potentials absorbed by the body
  - Stimulates cells activities & metabolism
  - Increase blood circulation & oxygenation
    - Initiate Detoxification process
      - Promote muscle relaxation
        - Accelerate body's self-healing mechanism

Contra Indications

- If you have a Pacemaker.
- If you're menstruating.
- If you're Pregnant.
- If you have a high fever.
- If you drink Alcohol within 1 hour of using the device.
- If you have implants of gel or silicon and/or transplant organs.
- If you have a history of severe heart/kidney problem.
Overall Benefits

- Pain Relief.
- Balances blood pH.
- Boosts energy levels.
- Enhances metabolism.
- Improves wound healing.
- Accelerates detoxification.
- Improves the quality of sleep.
- Enhances the healing of bones.
- Helps to regulate blood pressure.
- Reduces headache, dizziness & tension.
- Improves digestion & relieves constipation.
- Activates cells and increases oxygen intake.
- Reduces inflammation and relaxes muscles.
- Positive effects in Osteoporosis & Arthritic pain.
- Reduce respiratory problems and asthma attacks.
- Promotes absorption of calcium and other minerals.
- Improves & strengthens the body's immune system.
- Burns up excessive body fats for fitness and beauty.
- May lower blood sugar & the risk of getting diabetes.
- Reduces secondary disorders like migraine & sinusitis.
- Improvement of Blood Circulation due to Vasodilatation.
- Shortens recovery & repair time for Athletes, & Disability.
- Increased Cell Membrane Voltage activates the sodium/potassium pump.
- Improves blood values - reduces the cholesterol level, increases the oxygen partial pressure, and increases the calcium and magnesium level.
Foot position is based on the natural theories of foot reflexology. Foot reflexology is an ancient natural therapy, which utilizes energy zones on the feet to provide relief for a variety of illnesses as well as to energize the body system.

The human feet and sole contains approx 7200 nerve endings. These nerve endings or the reflex points have interconnections through the spinal cord and brain with all areas of the body. Stimulation of these reflex points on the bottom of the feet can help in maintaining the health of the body organs and promote healing.

**Foot**

Good for:
- Lower parts of body
- Eg: Constipation, haemorrhoids, prostate, menopause, sexual dysfunction etc.

**Sitting**

Good for:
- Back, Chest, Lungs
- Eg: Backache, headache etc.

www.amwaveswellness.com
Shoulder
Good for:
Shoulder, Skin, Lungs.
Eg: Asthma, shoulder ache, etc

Head
Good for:
Head, Neck, Face.
Eg: Insomnia, Headache, Stiff-neck

Ear
Good for:
Ear, Nose, Teeth.
Eg: Toothache, Nose & Ear problems

Hands
Good for:
Hands, Arms, Fingers.
Eg: Finger arthritis, Finger shudder, Numbness, etc.

Stomach
Good for:
Intestines, Stomach.
Eg: Constipation, Indigestion, Slimming, etc.

Legs
Good for:
Knee, Shank, Ankle, Heel.
Eg: Numbness, Cramps, Varicose Veins, etc.